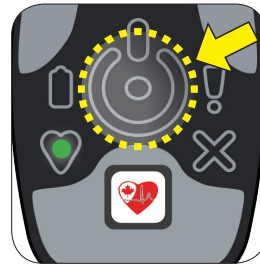
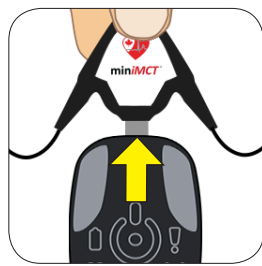
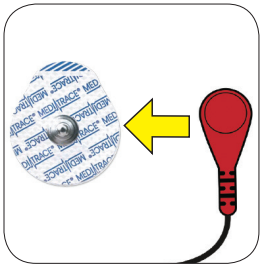


STEP 1: Prepare your Skin & Attach Electrodes

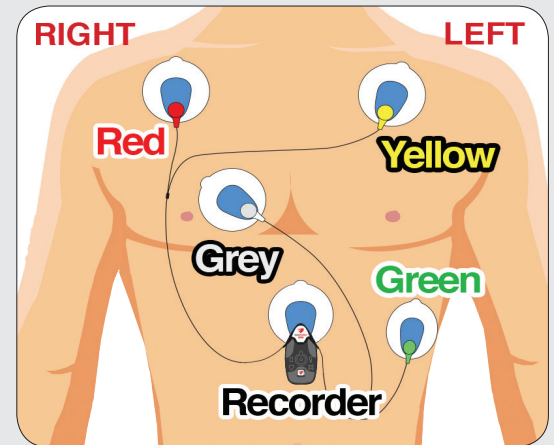
1. Remove any chest hair in the areas where the electrodes will be placed (see FIG 1).
2. Clean your chest with soap and water then dry thoroughly.
3. Place each electrode sticker as per diagram (see FIG 1).
4. Apply firm pressure to ensure the adhesive sticks properly.






STEP 2: Attach the Recorder & Cables



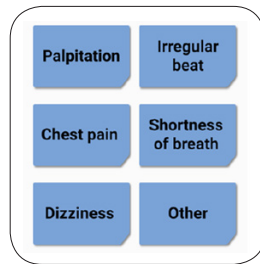
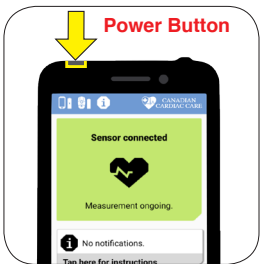
1. Connect each of the color-coded cables to the corresponding electrodes (FIG 1).
2. Attach recorder to the cable set.
3. Press the sensor button once. A **Green** light will blink. The sensor is now recording.

FIG 1. Position & Placement



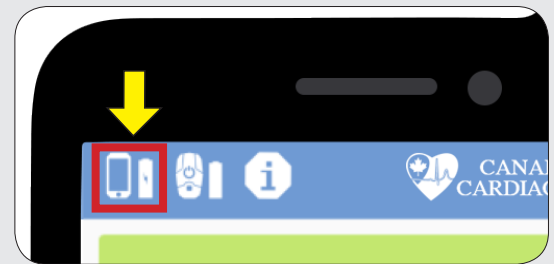
-  **Red:** Upper right side of your chest, below your collarbone
-  **Yellow:** Upper left side of your chest, below your collarbone
-  **Grey:** Mid right side of your chest
-  **Green:** Left side, on your lower rib
-  **Recorder:** Center of your rib cage

STEP 3: Record your Symptoms



1. Turn phone display on.
2. Tap **Diary**, then tap **Symptoms** on next screen.
3. Select symptom, enter date & time and tap **Save**.

Phone Battery Level



If the phone battery is low connect it to a wall power outlet using the included charging cable.

STEP 4: Return Instructions



FIG 2: Power Off

It's important to wear the monitor for the full prescribed period of time. Once complete, place the recorder, phone, cables and all other accessories into the provided box.



Turn off the recorder: Hold the sensor button (see FIG 2) until the recorder beeps three times. The package is now ready for return.

Return the package as instructed by your health care provider.